**POINT HOP BACK**

**Start step with the right foot pointed**

Point hop back and point hop back

Whip 2,3

Jump, jump, jump

Whip 2,3,4,5

Hop back 2,3,4,5

1,2,3 (walking forward)

Whip 2,3,4,5

Hop back 2,3,4,5

NOTE: Left foot should be in front at this time. Repeat step starting with the left foot. Opposite feet and direction will be used.

**HOP 2,3,4,5**

**Start step with the right foot pointed**

Hop 2,3,4,5

Hop back 2,3,4,5

Point (L) and point (R )

Hop back 2,3 (R )

Hop back 2,3 (L)

Hop 2,3,4,5

Hop back 2,3,4,5

Hop 2,3 Hop back 2,3 Hop back 2,3

NOTE: Left foot should be in front at this time. Repeat step starting with the left foot. Opposite feet and direction will be used.

**POINT HOP BACK**

**Start step with the right foot pointed**

Point hop back and

Point hop back

Jump 2,3

Hop, hop jump 2,3

And point hop back

Hop back 2,3,4,5

Jump 2,3,4,5

Hop, hop jump 2,3

Hop back 2,3

NOTE: Left foot should be in front at this time. Repeat step starting with the left foot. Opposite feet and direction will be used.